

Blandford Heart Forum (BHF)

## October 2014 Newsletter

Dear Members,

Here we are well into Autumn (who would believe it with this weather) and I am sending out the October Newsletter early as Pat and I leave for our 2 week holiday on the 30 September..

Our AGM, which took place in the Sealy Suite of the Crown Hotel in Blandford, was well attended and thankfully, Hugh was able to personally deliver his Chairman's Report following his successful Hip Operation. Dr. Tim Edwards, a cardiologist from Dorchester County Hospital gave a very interesting lecture using a power point visual demonstration, focussing on the development of heart Monitors and Pacemakers over the past 40 years or so. We are most grateful to him for giving up his valuable time to be with us. Susannah Merewether and Livvi Inglis talked enthusiastically about the Rehab Courses they are running and the changes that have been made including the return to a 7 week rolling programme of courses. Copies of Hugh's Report will be available at the next meeting on the 16 October for those unable to attend the AGM. You will recall (see previous Newsletters) that we were invited to hold our meeting in the Sealy Suite by the DT11 Forum who ran a 3-day "Health and Wellbeing" event from the 18 September to the 20 September. Many other organisations took part in this event and a great deal of effort went into making it the success it was. I wish to offer special thanks to Richard, Tom, Teresa, Liz and Lisa for 'manning' the BHF and the British Heart Foundation stands throughout the day and fielding questions and giving out literature to the General Public; who I have to say, were a little 'thin on the ground' at times !

Our next meeting will be held in the Williams Opportunity Hall, Whitecliffe Gardens on 16 October at 7 PM. Our speaker will be Michael le Bas whose talk will cover "1000 years of Blandford History" Please try to be there. A reminder that our meeting on the 20 November will be held in Blandford Hospital, Milldown Road at 2.30 PM; the beginning of our Winter programme.

The next Committee meeting will be on the 2 October in Blandford Hospital. At the last meeting on the 6 September, we were pleased to welcome Tom Hogan to the committee. Please do not forget to look at our website [www.blandfordheartforum.org.uk](http://www.blandfordheartforum.org.uk) for news and event coming up. It is frequently updated by Betty.

The date of our Christmas Party is Thursday the 11<sup>th</sup> December at 7 PM as usual in Blandford Hospital ; please note.

I understand that details of forthcoming Ramblers events are now displayed in the Studio.

All best Wishes

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