

Blandford Heart Forum (BHF)

Newsletter for May 2015

[www.blandordheartforum.org.uk](http://www.blandordheartforum.org.uk)

Dear Members,

Here we are on the 8 May , a very memorable day 70 years after the end of the War with Germany, a day some of us remember for it's euphoria and a feeling of great relief. The other relief is that at long last the General Election is behind us and all that political literature through our letter boxes will cease !!

Our next meeting will be on Thursday 21 May at 2.45 PM (and please do not attempt to enter the Studio any earlier, because an earlier exercise class will be in the Studio until that time !!) The Class organiser was a little annoyed on the 16 April when some Members attempted to enter too early, and we understand, were peering through the Studio windows. Our Speaker will be Robin Miller who's subject will be "Laughter the Best Medicine". Please come along and support us, as if numbers decline, we will have to consider our future after the Summer break.

DT11 Forum has again invited the BHF to take part in a "Health and Wellbeing " event in early June as we did last year in September when the event was held in the Sealy Suite of the Crown Hotel . A great deal of effort and time was expended by many of our Members in pursuit of making our presence known in the DT11 Area. The Venue this June has yet to be chosen by the DT11 Forum. Hugh and I have our reservations about being drawn into the many lengthy meetings DT11 Forum seem to need in the run up to these events, being already heavily involved in other activities !! Although much publicity and literature was produced for Public distribution about the Blandford Heart Forum, and the British Heart Foundation , little feedback was received and few

if any new Members resulted from our efforts.. If any of you have a view on our participation and a desire to take a part in the DT11 Event, please let me know as soon as possible !!

I hope those of you who joined with Shillingstone Garden Club to visit the RHS Gardens at Rosemoor last Month, enjoyed the experience. You helped the Garden Club keep costs down in the hire of the Coach which makes these ventures possible ..

Some of you will know that Louis was admitted to Dorchester Hospital about 3 weeks ago with a severe cardiac condition, and was moved after a 2 week wait for a possible operation to Southampton Hospital. I have just spoken to his wife Angela , who informs me that it has proved too dangerous to operate at this time, and that he will be home in the next few days under medication. Angela would like you to note that their address is; 32, Leaze Road, Blandford, DT11 7UN (T.455 847) as some mail has been sent to a wrong address. !!

Isabel went into New Hall Hospital near Salisbury for a tricky knee joint operation some 3 weeks ago, but unfortunately, the operation did not go well and she contracted 2 separate infections which necessitated her transfer in the middle of the night early last week , to Salisbury District Hospital at Odstock. Following 3 worrying days and anti biotics, Isabel thankfully has gradually improved. She is currently in Amesbury Ward in Salisbury NHS DFT. Please contact her daughter Bridget if you would like to visit Isabel on T 01747 809135 or 07974 809086 (mbl).

All Best Wishes

Ray Suter      8 May 2015      T. 01258 860787