

## Blandford Heart Forum (BHF)

### Newsletter for February 2015

Dear Members,

Our next meeting will be on Thursday 19 February commencing at 2.30 PM in Blandford Community Hospital, held in the restaurant on the ground floor. Our Speaker will be Mike Bolton whose subject will be "Agog in Dorset". Our Speaker on the 15 January was Tracey Stoodley who is a Community Heart Failure Nurse Specialist, and what a valuable and fascinating talk she gave! I believe we benefitted a great deal from her visit and the question and answer session that followed was so enlightening.

Through Tracey's visit, we were informed of the Community Matron who is appointed to our area of North Dorset (Emma Gardner) who will be a very useful 'conduit' for possible referral of Cardiac patients to our Heart Support Group. I have communicated with Emma, and she is more than happy to do all she can to advertise our presence to her patients. Good news indeed...

In my January Newsletter I mentioned the Shillingstone Gardening Club's coach outing to RHS Rosemoor in North Devon on the 21 April. I now have the names of 6 people from the BHF who wish to go, and I understand from the Secretary of the SGC that the coach is half full, so there are seats for a few more if you are interested. The charge is £10/person for non members of the SGC and the coach will pick up at the Co Op car park for those wishing to board the coach in Blandford. I will confirm pick up time, but imagine departure from Blandford will be around 8.30 AM.

The next meeting of the Committee will be held as usual in Blandford Community Hospital on the 5<sup>th</sup> March at 10.15 AM, so if anyone has any matter they wish to raise, please contact Hugh or myself. Don't forget to view the website [www.blandfordheartforum.org.uk](http://www.blandfordheartforum.org.uk) for news of forthcoming events.

We were all shocked to learn of Richard and Lisa's car accident on the 8<sup>th</sup> January when Richard was driving Lisa to the Committee meeting that morning. Badly shaken, they were both taken to Dorchester Hospital and their car was a write-off. Lisa was particularly shaken up, but is making a steady recovery thank the Lord.

All Good Wishes

Ray Suter (Tel;01258 860 787) 8 February 2015.

