

Blandford Heart Forum (BHF)

## Newsletter for March 2015-03-08

Dear Members,

Hope you are enjoying the longer days and slightly warmer weather !

Our next meeting will be on the 19 March commencing at 2.30 PM in the Restaurant of Blandford Community Hospital. Our Speaker that afternoon will be Amy Brennan from Dukes Auctioneers and Valuations in Dorchester. She will be talking about her work and has invited anyone who wishes to bring along a "treasured possession" /antique which she will value if you so wish free of charge. Our Speaker on the 19 February was Mike Bolton who gave a very enjoyable and well attended talk "Agog in Dorset". Thank you to those who turned out in such wet and windy weather..

Our March Meeting will be last to be held in the Blandford Hospital for a while. Our meeting on 16 April will be held in the "Studio" in Common Lane, off East Street, Blandford (behind M and Co ). The meeting will commence on this occasion at 2.45 PM to fit in with a previous Knees Up Class on this particular day. We hope to revert to 2.30 PM for later meetings. There is plenty of car parking available there.

I now have the names of 8 members of BHF who wish to go on the Shillingstone Gardening Club coach visit to RHS Rosemoor in North Devon on the 21 April. There may still be some places available in the coach should anyone wish to go ? The charge will be £10/person including entry to RHS Rosemoor. Extremely good value I have to say. Please let me know ASAP to book your place. People in Blandford will be picked up in the Coop car park at 8.30 AM on the 21 April. The return journey will not be a late one..

The next meeting of the Committee will be on 2 April at 10.15 AM as usual in the Committee Room of Blandford Hospital. If anyone has anything they wish to raise at this meeting, please contact Hugh or myself. Do not forget to view our frequently updated website [www.blandfordheartforum.org.uk](http://www.blandfordheartforum.org.uk) for news of forthcoming events etc.

We have received a communication from the British Heart Foundation asking Heart Support Groups such as ours, to contact our respective MP's to seek their support to ensure that all pupils attending schools in the UK receive CPR training whilst at school to boost the Foundation's campaign to dramatically increase the number of "Life Savers" throughout the UK . I have e mailed Bob Walter , the MP for North Dorset with all the necessary

information for him to bring his influence to bear on the appropriate Minister. Watch this space !!

That's it for another Month, don't overdo the gardening and end up with stiffened joints as I currently have !!

All best Wishes

Ray Suter

Tel; 01258 860 787