

Blandford Heart Forum (BHF)

July 2015 Newsletter

www.blandfordheartforum.org.uk

Dear Members,

Here we are into July and the warmer days of Summer. Some may think it has been too warm ! I hope you are managing to cope with these high temperatures and keeping out of the Sun in the middle of the day when it's rays can prove dangerous to those who do not take the appropriate precautions

Our next meeting will be in the Studio on the 16 July at 2.45 PM, and our speaker will be Allan Peters who was assigned to the Royal Protection Service from the 'Met' in 1981 and served with it until 1989, with special responsibility for the close protection of Diana Princess of Wales. He will talk about many interesting and absorbing experiences during this crucial period. A talk which is not to be missed !! Our meeting on 18 June was well attended and we had Colin Dean telling us about his time on the beat as a Police Constable in Bristol.

Sadly, Colin is suffering from a chronic lower back problem and will be ceasing to give his variety of well structured talks this Summer.

After our July meeting, please note that we do not meet again until our AGM on Thursday 17 September, which will be held in the Studio, Common Lane, Blandford, DT11 7HE. We are hoping that Dr.Fraser Witherow , who is a Cardiologist in Dorchester County Hospital, will be able to address the membership about his work and recent developments in cardiology. He talked to us some 6 years ago and we were all impressed with his talk and his excellent ' delivery'. Be sure to make a note of this date !

Some of you may have heard that Richard and Lisa have been going through a tough time since their car accident some 5 months ago while driving to Blandford Hospital . Their car was struck by 2 cars who had' water planed' over flood water at the bottom of the Blandford bi-pass at the junction with the old

road to the Milldown, Blandford. Some of their distress may be partly a result of delayed shock, and we are doing our best to keep watch on them and help wherever we can. Louis has gained in strength at home and is awaiting hospital admission for his necessary cardiac procedure.

The British Heart Foundation frequently send out e mails informing Heart Support Groups of improvements in Cardiac care , new drugs available and Conferences our members are invited to attend. I usually e mail anything I consider of value to our members, but I realise that not everyone is connected to the internet. I will therefore henceforth print off a number of copies to bring to our meetings for those interested to take home.

Looking forward to seeing you on the 16 July. Enjoy the Summer while it lasts !

All Good Wishes

Ray Suter 5 July 2015

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