

Blandford Heart Forum (BHF)

Newsletter for January 2015-01-10

Dear Members,

A little late, but a very Happy and healthy 2015 to all of you.

Firstly, our next meeting will be on Thursday afternoon 15 January, 2.30 PM at Blandford Hospital, and our speaker will be Tracey Stoodley who is a Cardiac Support nurse. She will be talking about her work in the NHS, so please try to make it next Thursday.

Our programme of Speakers is now available on our website and will also appear in the "Forum Focus" and the Blackmore Vale Magazine. Apologies for this late issue, but a number of things occurred prior to Christmas, (including the 'flu!) which precluded the completion of the list. You will note that we have planned ahead as far as June, but will extend beyond this, subject to our attendance figures improving. On one occasion last Autumn, only 7 people turned up for our October meeting. We hope that we will see some solid support now that we have moved back to the Hospital with our meetings being held in the afternoons until further notice. Hugh is negotiating with the matron at Blandford Hospital to seek permission to continue using the Hospital Restaurant throughout the year.

Some of you will have learned of the death of Bill Graham who sadly died on the 20 December. His funeral was held at Poole crematorium on the 6 January.

Our Christmas Party on the 11 December was a great success and we thank Hugh and Margaret for their undertaking all the catering for that event. We also thank those who helped with the raffle, the quiz and setting up the restaurant for the party. Unfortunately, a number of our members were unable to attend due to the ravages of the ongoing 'flu epidemic which has affected so many.

Shillingstone Gardening Club has arranged two interesting visits within its 2015 programme and have agreed to us joining them if we so wish. The two visits are :-

21 April; A Spring trip by coach to Rosemoor in Devon

20 October; The Garden at Barrington Court.

Some of you will recall our joining SGC for a very enjoyable trip up to RHS Wisley last Spring.

If anyone is interested in these trips with a gardening 'slant' , please let me know in due course.

The next meeting of the Committee will be held in the Hospital in Blandford on the 5 February at 10.15 AM. If anyone has any matter they wish to raise concerning BHF which we should discuss, please contact Hugh or myself prior to this meeting. I have to say that we receive all too little feedback from the membership. Some would be most welcome !! As ever, please look for news and events on our website www.blandfordheartforum.org.uk

Take Care and all Good Wishes

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