

Blandford Heart Forum (BHF)

April 2014 Newsletter

Dear Members,

How good to feel the warmth and see the colours of Spring around us at last..

Our next meeting will be on Thursday the 17 April at 7PM in the Williams Opportunity Hall. Our speaker for the evening will be the Revd Stewart Timbrell who's subject is "Clerical Errors"; a not to be missed one I can assure you. Please make every effort to be there !! All are welcome to our meetings so bring along friends and family if you wish. I have also been asked to remind members to bring along prizes for the Raffle if you can.

At our Committee meeting on the 3 April we confirmed arrangements for our Spring Outing to the RNLI College in Poole which will be on Wednesday the 14 May. The conducted tour of the College will commence promptly at 2.30 PM and the cost per person is £7.50 . Lunch is available in the very good restaurant on the ground floor from 12 midday to 2 PM for those who wish to have lunch there before the tour. Private cars will be used to travel down to Poole so those wishing to join the tour and needing a lift, please let me know ASAP. I have already started a list of members who wish to go and we have so far approximately 17 who have signed up to it. Car parking is limited at the College , but parking is available in the adjacent ASDA car park at a charge of £1.50. It is a short walk from there to the College main entrance. Please let me have your payment by 17 April at the latest to confirm your booking.

Hugh and I have just attended our 3rd meeting of the DT11 Forum to discuss arrangements for the "Health and Wellbeing" event to be held over 3 days in September. As mentioned in my March Newsletter we will brief you all on our participation at subsequent meetings; suffice to say for the moment, we will be actively involved on 18 September when we hold our AGM in the Sealy Suite of the Crown Hotel in Blandford at 7 PM. Hopefully Dr.Simon Winterton

will be in attendance to deliver his usual talk on “Developments in Cardiology” over the past year. We will doubtless be looking for volunteers from the membership to be available to help represent the BHF during the September event and a Networking Event to be held on Thursday 12 June .

Richard Hoghton has asked me to mention a charity ride he is participating in on the 27 April for the British Heart Foundation. Richard has been involved in this charity 25 mile ride over the past 14 years and is asking for sponsors to raise money for this noble cause. Sponsors and riders can contact Richard on 01258 860880 or his e mail address or can book a ride on line at www.bhf.org.uk/dorset or phone 0845 130 8663.

Finally, can anyone who has recently acquired access to the internet, please let me have your e mail address to save postage in future communications. In addition, can any member who wishes to discontinue membership, please also let me know.. Do not forget to look at our website www.blandfordheartforum.org.uk to keep abreast of events and news of BHF.

Trip to RHS Wisley on 15 April; Members who have booked, please note that the coach originating in Shillingstone will pick up at 9.20AM in Blandford at the Co Op car park (Langton) before proceeding on to Wisley. The coach will leave RHS Wisley at 4 PM for the return journey.

All best Wishes

Ray Suter Tel; 01258 860 787. E mail; ray.suter@gmail.com

5 April 2014.